

Making a Legacy Gift to The Food Sharing Project



Providing nourishment for students in KFL&A to improve their readiness to learn by increasing access to healthy and nutritious food.

THE FOOD SHARING PROJECT is a registered not-for-profit charity established over 40 years ago. We are the organization that provides food for in-school breakfast, lunch, and hearty snack programs across Kingston and throughout Frontenac and Lennox & Addington Counties.

Students come to school without enough food for a variety of reasons, and educators and research tell us that when they can eat nutritious food at school, students are more engaged in their learning, can focus better on tasks, and experience more positive social interactions throughout the day. They are also more willing to try new foods, which can lead to better food choices as adults.



"Simply put, students cannot learn on empty stomachs." – Principal

"So many of them come in hungry in the morning, and literally can't focus until they have had something to eat. It makes a huge difference for many of them in terms of how their whole day turns out." – school nutrition program coordinator

"Because you care and are there with love, I have a little weight lifted off my shoulders knowing that the food sharing program helps feed my children at school, when we are going through a difficult time." – Parent of Student

"We can eat food that we sometimes can't afford at home and we don't have to go all day feeling hungry." – Student

"Sometimes I don't get my breakfast at home but I say that's ok because I have breakfast at school." – Student



We provide food to 88 schools in 4 school boards, across Kingston, Frontenac and Lennox & Addington



Our volunteers pack over \$25,000 of food every week, over \$750,000 of food over the course of the school year



Our drivers deliver food directly to the schools' front doors, over 700kms per week



Over 12,000 meals or snacks per week are provided by schools with the food we provide



Over the course of a school year, 16,000 students – half of all enrolled in the region – access their school's nutrition program, either regularly or on occasion



Over 1000 volunteer hours are accrued each week to deliver nutrition programs in schools

LEAVING A LEGACY GIFT in a Will to The Food Sharing Project is an act of caring and compassion for our entire community. Individuals can designate a certain sum of money, a particular asset, or a portion of their estate. Whatever form the gift may take, the result is the same: providing nutritious food to students who need nutrition in a stigma-free, accessible environment, and ultimately improving their readiness to learn.

Over the years, The Food Sharing Project has been able to invest in the future and plan for the long term thanks to legacy gifts. Bequests have helped us fund critically important projects like the purchase of our second delivery vehicle or enhancing kitchen facilities in schools.

To include a bequest to The Food Sharing Project in a Will, a codicil can be added to an existing Will, or if a Will has not yet been prepared, a bequest can be included.

A FEW OPTIONS TO CONSIDER:

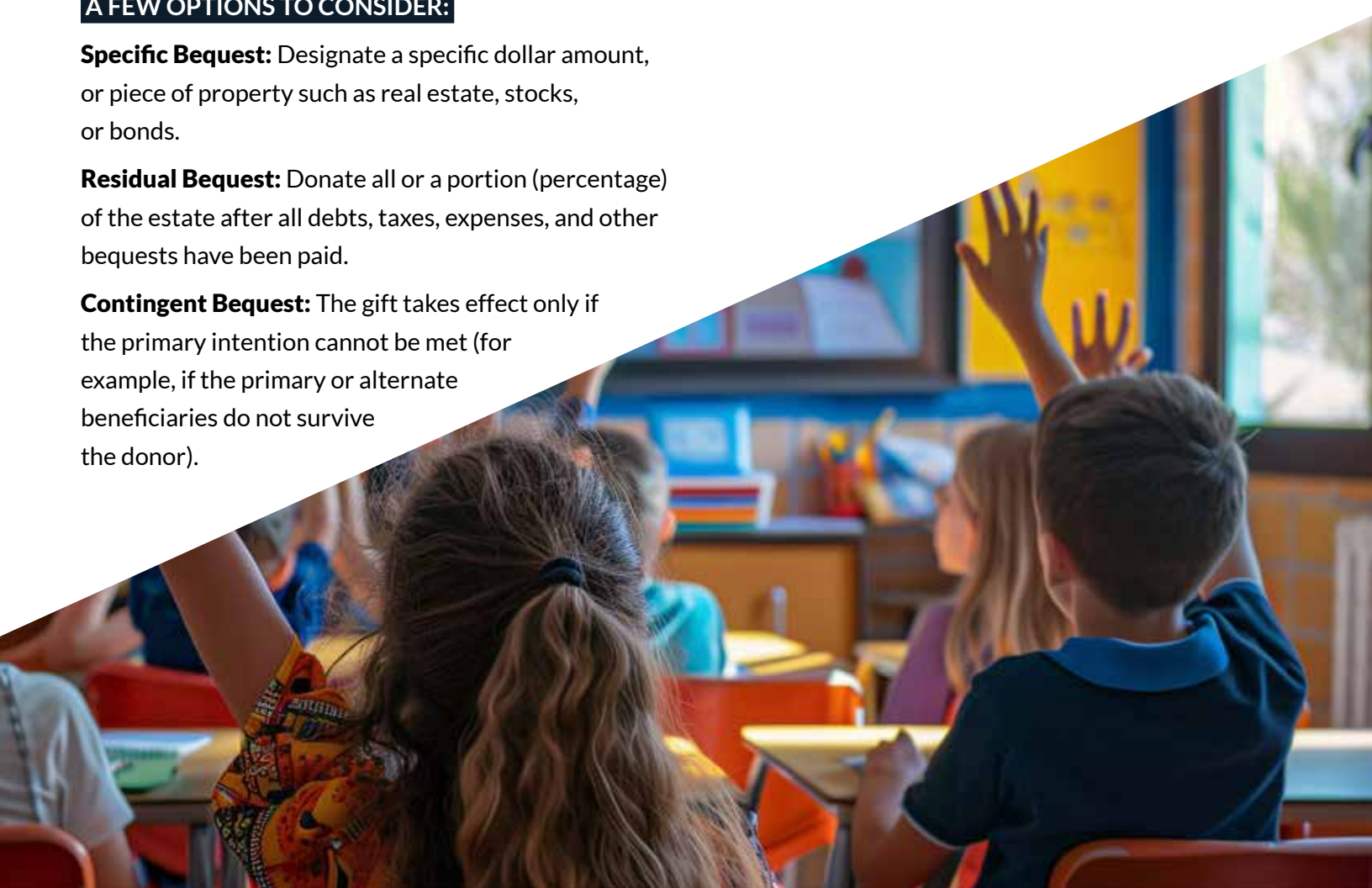
Specific Bequest: Designate a specific dollar amount, or piece of property such as real estate, stocks, or bonds.

Residual Bequest: Donate all or a portion (percentage) of the estate after all debts, taxes, expenses, and other bequests have been paid.

Contingent Bequest: The gift takes effect only if the primary intention cannot be met (for example, if the primary or alternate beneficiaries do not survive the donor).

Restricted vs Unrestricted: The bequest gift can be designated as either unrestricted or restricted. Unrestricted gifts allow The Food Sharing Project to use the gift for our highest priority or most urgent needs. Restricted gifts are designated to a specific project or purpose and should include a “power to vary” clause. This clause gives authorization to the Board of Directors to use the donation for another purpose, aligned with the general intent of the gift, if the original project or purpose can no longer be carried out.

The Codicil, Charitable Bequest Sample Wording and Legacy Gift Intention Form can be requested from our office, and can also found on our website at: www.foodsharingproject.org/leave-a-legacy



If you have any questions or would like more information, please contact:

The Food Sharing Project
info@foodsharingproject.org
613.530.3514

Our Legal Name and Address:

The Food Sharing Project
37 Rigney Street, Unit 4
Kingston, Ontario K7K 6Z3
Our Charitable Number: 11893 3522 RR0001

A legacy gift to The Food Sharing Project reflects the importance you place on the well-being of the future leaders of our community. It is a personal statement which represents the values you hold throughout your lifetime and no matter the size, your gift will ensure that the nutritious food we provide in schools will continue to help students thrive. Thank you for your kind and thoughtful consideration of a gift which will support students tomorrow and into the future.

Brenda Moore

Chair, Board of Directors



THE
FOOD SHARING
PROJECT

Providing healthy food to students

